

NUTRITIONAL INFORMATION

PRODUCTS	ALLERGENS	SERVING SIZE (G)	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	*TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	SUGARS (G)	PROTEIN (G)
----------	-----------	------------------	----------	-------------------	---------------	-------------------	----------------	------------------	-------------	-------------------------	-------------------	------------	-------------

2,000 Calories is used for general nutrition advice, but calorie needs may vary.

BREAKFAST

The Breakfast Burger	E,M,S,SS,W	289	810	370	41	15	1	280	1600	69	4	13	42
Grilled Cheese Breakfast Sandwich (Ham)	E,M,S,W	204	490	220	24	10	0.5	245	1520	43	2	5	26
Grilled Cheese Breakfast Sandwich (Sausage)	E,M,S,W	211	640	370	41	16	0.5	260	1530	43	2	5	27
Grilled Cheese Breakfast Sandwich (Bacon)	E,M,S,W	190	540	260	29	12	0.5	250	1520	43	2	5	28
Steak & Egg Burrito	E,M,S,W	264	530	230	26	10	0	450	1510	41	2	3	32
Loaded Breakfast Burrito	E,M,S,W	265	650	330	36	12	0	430	1240	50	3	2	29
Big Country® Breakfast Burrito	E,M,S,W	240	620	310	34	10	0	420	1170	49	3	2	26
Bacon, & Egg, & Cheese Burrito	E,M,S,W	213	620	314	35	14	0.5	460	1600	37	1	2	37
French Toast Dips® 5 pcs	M,S,W	184	540	170	19	3.5	0	0	620	84	3	20	9
Hash Rounds® - Small	W	84	260	140	160	3	0	0	320	23	2	1	2
Hash Rounds® - Medium	W	102	320	171	19	4	0	0	400	28	3	1	3
Hash Rounds® - Large	W	144	450	240	27	5	1	0	560	40	4	1	4
Sausage, Egg & Cheese Biscuit	E,M,W	184	640	382	42	19	0	235	1830	44	0	4	19
Bacon, Egg & Cheese Biscuit	E,M,W	157	520	262	29	14	0	225	1730	43	0	4	19
Monster Biscuit®	E,M,S,W	250	830	501	56	25	0.5	460	2420	47	0	5	34
Biscuit 'N' Gravy™	M,W	235	500	245	27	13	2.5	10	1780	53	0	4	8
Biscuit	M,W	93	330	147	16	9	0	0	1160	40	0	3	5

CHARBROILED BURGERS

Famous Star® with Cheese	E,M,S,SS,W	269	670	342	38	13	1	75	1280	56	3	12	28
Super Star® with Cheese	E,M,S,SS,W	345	930	516	57	23	2	145	1610	56	3	12	47
Western Bacon Cheeseburger®	M,S,SS,W	254	780	330	36	14	1	85	1720	77	4	16	38
Double Western Bacon Cheeseburger®	M,S,SS,W	336	1040	500	56	24	2	150	2050	78	4	16	58
The Big Carl®	E,M,S,SS,W	323	930	530	58	23	2	145	1390	56	3	12	47
Original Angus Burger	E,M,S,SS,W	332	780	430	48	15	2	110	1660	56	3	14	34
Guacamole Bacon Angus Burger	E,M,S,SS,W	375	970	580	65	19	2	150	1750	55	5	11	44
Jalapeño Angus Burger	E,M,S,SS,W	323	830	480	54	16	2	130	1450	53	4	10	35
California Classic Double Cheeseburger	E,M,S,SS,W	260	590	370	41	14	1.5	85	1100	40	2	9	23
Jalapeno Double Cheeseburger	E,M,S,SS,W	388	980	580	64	24	2	145	1480	56	4	11	47
Beyond™ Famous Star® with Cheese	E,M,S,SS,W	311	710	360	40	12	0	30	1520	61	5	12	30
Double Original Angus Burger	E,M,S,SS,W	453	1140	670	75	28	4	240	2060	56	6	13	65
Double Guacamole Bacon Angus Burger	E,M,S,SS,W	493	1340	840	93	31	4	265	2300	57	6	13	73
Double Jalapeño Angus Burger	E,M,S,SS,W	441	1200	740	82	29	4	245	2000	54	5	11	64
Double Cheeseburger	M,SS,W	159	380	190	21	8	1	60	750	34	1	6	19
Big Hamburger	W,SS	210	480	160	18	8	0.5	50	970	55	3	13	25
Big Hamburger with Cheese	M,S,SS,W	226	540	200	23	11	1	65	1240	56	3	13	28

CHICKEN SANDWICHES & MORE

Hand-Breaded Chicken Sandwich	E,M,S,SS,W	252	650	290	32	5	0	85	2660	59	2	7	30
Charbroiled Chicken Club™ Sandwich	E,M,S,SS,W	269	650	272	30	8	0	155	1870	53	3	11	43
Charbroiled Santa Fe Chicken™ Sandwich	E,M,S,SS,W	285	670	320	35	8	0.5	105	1770	52	3	7	36
Charbroiled BBQ Chicken™ Sandwich	S,SS,W	254	400	40	5	1	0	110	1330	57	3	13	33
Hand-Breaded Bacon Swiss Chicken Sandwich	E,M,S,SS,W	299	780	380	42	10	0	120	3100	61	2	8	41
Hand-Breaded Chicken Tenders™ 3 pcs	E,M,S,W	128	260	110	13	3.0	0	70	770	13	2	0	25
Hand-Breaded Chicken Tenders™ 5 pcs	E,M,S,W	213	440	190	21	5.0	0	115	1290	21	3	0	41
Hand-Breaded Chicken Tenders™ (10 piece box; two 5 pc servings)	E,M,S,W	425	880	380	43	9.0	0	230	2580	43	6	1	82
Hand-Breaded Chicken Tenders™ (15 piece box; three 5 pc servings)	E,M,S,W	638	1320	570	64	13.0	1	345	3870	64	9	1	123
Hand-Breaded Chicken Tenders™ (20 piece box; four 5 pc servings)	E,M,S,W	850	1760	770	85	18.0	1	460	5150	85	12	2	164
Spicy Chicken Sandwich	E,M,S,SS,W	177	490	260	29	6	0	40	1320	43	4	4	14
Chicken Stars™ 4 pcs	E,M,S,W	61	180	90	10	2	0	35	320	13	2	0	9
Chicken Stars™ 6 pcs	E,M,S,W	91	270	140	15	3	0	50	480	19	3	0	14
Chicken Stars™ 9 pcs	E,M,S,W	137	410	210	23	5	0	75	710	29	5	0	21

SIDES

Natural-Cut Fries (Kids)		83	240	100	12	2	0	0	480	31	3	0	3
Natural-Cut Fries (Small)		104	300	130	15	3	0	0	600	39	4	0	3
Natural-Cut Fries (Medium)		147	420	190	21	3.5	0	0	850	55	5	0	5
Natural-Cut Fries (Large)		163	470	205	23	4	0	0	940	61	6	0	5
Waffle Fries	W	120	380	222	25	5	0	0	780	36	0	0	5
Onion Rings	M,W	116	560	267	30	5	0	0	630	66	4	6	9
Jalapeno POPPERS® Bites 6 pcs	E,M,S,W	149	470	270	30	9	0	30	1310	42	3	5	9
Jalapeno POPPERS® Bites 9 pcs	E,M,S,W	236	750	460	51	14	0.5	50	2070	64	0	8	14
Fried Zucchini	M,W	122	330	180	20	3.5	0	0	720	34	7	2	4

DESSERTS

Chocolate Chip Cookie	E,M,S,W	35	170	81	9	5	0	0	160	22	1	13	1
Strawberry Swirl Cheesecake	E,M,S,W	99	320	160	17	10	0.5	60	250	35	1	23	7
Cinnamon Roll	M,S,W	160	520	143	16	9	0	0	1060	89	1	57	6
Chocolate Cake	E,M,S,W	85	290	100	11	3.5	0	30	240	46	1	35	3

HAND-SCOOPED ICE CREAM SHAKES & MALTS™

Vanilla Shake	M,S +	397	740	320	36	24	0	105	220	87	0	70	13
Chocolate Shake	M,S +	397	710	330	36	24	0	105	270	86	1	64	13
Strawberry Shake	M,S +	397	710	320	36	24	0	105	220	85	0	69	13
OREO® Cookie Shake	M,S,SS,W +	397	730	360	40	25	0.5	110	320	81	1	58	14

KIDS MEALS & BEVERAGES

Kids Meal - Chicken Tenders 2 pcs**	E,M,S,W	165	410	180	20	4	0	45	980	39	4	0	19
Kids Meal - Cheeseburger**	M,S,SS,W	269	620	220	25	8	1	35	1820	84	5	10	18
Kids Meal - Hamburger**	S,SS,W	256	580	190	21	5	1	25	1600	84	5	9	16
Kids Meal - Chicken Stars 4 pcs**	E,M,S,W	190	410	22	4	0	35	780	780	43	5	0	12
Chocolate Milk	M		150	20	2.5	1.5	0	10	170	26	0	23	7
1% Milk	M		100	20	2	1.5	0	10	130	13	0	12	9
Orange Juice			160	0	0	0	0	0	0	37	0	33	2

**Nutritional information for Star Pal® Kids Meals include Fries, but does not include the drink that comes with the meal.

DIPPING SAUCES

Sweet & Bold BBQ Dipping Sauce		25	50	0	0	0	0	0	190	12	0	11	0
Buttermilk Ranch Dipping Sauce	E,M	25	110	100	11	1.5	0	5	260	2	0	1	0
Honey Mustard Dipping Sauce	E	25	130	120	13	2	0	10	150	4	0	3	0
Spicy Buffalo Dipping Sauce	M	21	5	0	0	0	0	0	470	1	0	0	0
House Dressing PC (dipping cup)	E,M	25	90	90	10	1.5	0	10	190	2	0	1	0

BEVERAGES

Barq's Root Beer (12 oz)		X Small	110	0	0	0	0	0	50	30	0	30	0
Barq's Root Beer (20 oz)		Small	190	0	0	0	0	0	85	50	0	50	0
Barq's Root Beer (24 oz)		Medium	220	0	0	0	0	0	105	60	0	60	0
Barq's Root Beer (32 oz)		Large	300	0	0	0	0	0	140	81	0	80	0
Coca-Cola Cherry (12 oz)		X Small	130	0	0	0	0	0	30	31	0	31	0
Coca-Cola Cherry (20 oz)		Small	210	0	0	0	0	0	50	52	0	52	0
Coca-Cola Cherry (24 oz)		Medium	250	0	0	0	0	0	60	63	0	63	0
Coca-Cola Cherry (32 oz)		Large	340	0	0	0	0	0	80	84	0	84	0
Coca-Cola (12 oz)		X Small	120	0	0	0	0	0	30	30	0	30	0
Coca-Cola (20 oz)		Small	200	0	0	0	0	0	50	50	0	50	0
Coca-Cola (24 oz)		Medium	240	0	0	0	0	0	55	60	0	60	0
Coca-Cola (32 oz)		Large	320	0	0	0	0	0	75	80	0	80	0
Diet Coke (12 oz)		X Small	0	0	0	0	0	0	35	0	0	0	0
Diet Coke (20 oz)		Small	0	0	0	0	0	0	60	0	0	0	0
Diet Coke (24 oz)		Medium	0	0	0	0	0	0	70	0	0	0	0
Diet Coke (32 oz)		Large	0	0	0	0	0	0	95	0	0	0	0
Fanta Strawberry (12 oz)		X Small	130	0	0	0	0	0	60	32	0	32	0
Fanta Strawberry (20 oz)		Small	210	0	0	0	0	0	105	54	0	53	0
Fanta Strawberry (24 oz)		Medium	260	0	0	0	0	0	125	64	0	64	0
Fanta Strawberry (32 oz)		Large	340	0	0	0	0	0	170	86	0	85	0
Fuze Peach Tea (12 oz)		X Small	70	0	0	0	0	0	40	17	0	17	0
Fuze Peach Tea (20 oz)		Small	120	0	0	0	0	0	65	28	0	28	0
Fuze Peach Tea (24 oz)		Medium	140	0	0	0	0	0	75	33	0	33	0
Fuze Peach Tea (32 oz)		Large	180	0	0	0	0	0	100	45	0	44	0
Fuze Raspberry Tea (12 oz)		X Small	70	0	0								