

NUTRITIONAL INFORMATION

PRODUCTS	ALLERGENS	SERVING SIZE (G)	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	*TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	DIETARY FIBER (G)	SUGARS (G)	PROTEIN (G)
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2,000 Calories is used for general nutrition advice, but calorie needs may vary.

BREAKFAST													
The Breakfast Burger	E,M,S,W	283	790	359	40	15	1	280	1580	67	4	13	42
Grilled Cheese Breakfast Sandwich (Sausage)	E,M,S,W	211	640	370	41	16	0.5	260	1530	43	2	5	27
Grilled Cheese Breakfast Sandwich (Bacon)	E,M,S,W	190	540	260	29	12	0.5	250	1520	43	2	5	28
Steak & Egg Burrito	E,M,S,W	272	530	230	26	10	0	450	1570	41	2	3	33
Loaded Breakfast Burrito	E,M,S,W	308	830	470	53	19	0	465	1610	49	3	3	39
Big Country® Breakfast Burrito	E,M,S,W	326	860	492	55	18	1.5	460	1740	54	3	2	37
Bacon, Egg, & Cheese Burrito	E,M,S,W	188	530	244	27	9	0	435	1170	36	2	2	32
French Toast Dips® (5 pc)	E,M,S,W	186	620	170	19	3.5	0	0	670	106	3	30	9
Hash Rounds® - Small / Medium / Large	W	78 / 102 / 144	240 / 320 / 450	131 / 171 / 240	15 / 19 / 27	3 / 4 / 5	0 / 0 / 1	0 / 0 / 0	300 / 400 / 560	22 / 28 / 40	2 / 3 / 4	1 / 1 / 1	2 / 3 / 4
Sausage, Egg & Cheese Biscuit	E,M,S,W	184	640	382	42	19	0	235	1830	44	0	4	19
Bacon, Egg & Cheese Biscuit	E,M,S,W	157	520	262	29	14	0	225	1730	43	0	4	19
Monster Biscuit®	E,M,S,W	250	830	501	56	25	0.5	460	2420	47	0	5	34
Biscuit 'N' Gravy™	M,S,W	235	500	245	27	13	2.5	10	1780	53	0	4	8

CHARBROILED BURGERS													
Famous Star® with Cheese - Single	E,M,S,SS,W	269	670	342	38	13	1	75	1280	56	3	12	28
Famous Star® with Cheese - Double	E,M,S,SS,W	380	930	510	56	23	2	140	1530	59	3	13	48
Famous Star® with Cheese - Angus	E,M,S,SS,W	463	830	420	47	15	2	125	1500	70	7	18	38
Western Bacon Cheeseburger® - Single	M,S,SS,W	254	780	330	36	14	1	85	1720	77	4	16	38
Western Bacon Cheeseburger® - Double	M,S,SS,W	336	1040	500	56	24	2	150	2050	78	4	16	58
Western Bacon Cheeseburger® - Angus	M,S,SS,W	291	880	405	45	16	2	135	1950	76	5	16	46
Guacamole Bacon - Single	E,M,S,SS,W	332	870	503	56	17	1	100	1650	56	4	11	36
Guacamole Bacon - Double	E,M,S,SS,W	431	1130	673	75	26	2	165	1910	58	4	12	56
Guacamole Bacon - Angus	E,M,S,SS,W	375	970	580	65	19	2	150	1750	55	5	11	44
The Big Carl® - Single	E,M,S,SS,W	237	670	346	38	13	1	75	1050	55	3	12	28
The Big Carl® - Double	E,M,S,SS,W	323	930	530	58	23	2	145	1390	56	3	12	47
The Big Carl® - Angus	E,M,S,SS,W	274	770	425	47	15	2	125	1280	54	3	11	35
El Diablo - Single	E,M,S,SS,W	321	950	364	40	19	1	105	2300	78	2	12	41
El Diablo - Double	E,M,S,SS,W	402	1210	534	59	28	2	170	2610	78	4	12	60
El Diablo - Angus	E,M,S,SS,W	358	1050	443	49	21	2.5	155	2530	77	5	12	49
Beyond™ Famous Star® with Cheese	E,M,S,SS,W	311	710	360	40	12	0	30	1520	61	5	12	30
California Classic Double Cheeseburger	E,M,S,SS,W	221	520	320	36	10	1	65	880	37	2	8	19
Jalapeno Double Cheeseburger	E,M,S,SS,W	212	510	320	36	10	1	70	980	32	2	5	19
Double Cheeseburger	M,S,SS,W	159	370	190	21	8	1	60	750	34	1	6	19
Big Cheeseburger	M,S,SS,W	219	540	200	22	11	1	65	1150	56	3	13	28

CHICKEN SANDWICHES & MORE													
Hand-Breaded Chicken Sandwich	E,M,S,SS,W	252	640	290	32	5	0	85	2650	59	2	7	30
Charbroiled Chicken Club™ Sandwich	E,M,S,SS,W	291	660	271	30	8	0	155	1860	54	3	11	44
Charbroiled Santa Fe Chicken™ Sandwich	E,M,S,SS,W	323	670	320	35	8	0.5	105	1850	54	4	7	36
Charbroiled BBQ Chicken™ Sandwich	S,SS,W	272	430	40	8	2	0	70	1350	57	3	10	33
Hand-Breaded Bacon Swiss Chicken Sandwich	E,M,S,SS,W	319	790	380	42	10	0	120	3100	62	3	8	41
Hand-Breaded Chicken Tenders™ - 3 pcs	E,M,S,W	128	260	110	13	3	0	70	770	13	2	0	25
Hand-Breaded Chicken Tenders™ - 5 pcs	E,M,S,W	213	440	190	21	50	0	115	1290	21	3	0	41
Spicy Chicken Sandwich	E,M,S,SS,W	177	490	260	29	6	0	40	1320	43	4	4	14
Chicken Stars™ - 6 pcs	E,M,S,W	91	270	140	15	3	0	50	480	19	3	0	14

SIDES													
Natural-Cut Fries - Small / Medium / Large		97 / 137 / 157	280 / 400 / 450	130 / 173 / 198	14 / 19 / 22	2.5 / 3.5 / 4	0 / 0 / 0	0 / 0 / 0	560 / 800 / 910	36 / 51 / 59	3 / 5 / 6	0 / 0 / 0	3 / 4 / 5
Waffle Fries	W	120	380	222	25	5	0	0	780	36	0	0	5
Onion Rings	M,W	116	560	267	30	5	0	0	630	66	4	6	9
Jalapeno POPPERS® Bites 6 piece	M,W	124	370	170	19	7	0	25	1110	40	3	4	9
Jalapeno POPPERS® Bites 9 piece	M,W	186	550	250	28	10	0.5	35	1670	60	4	5	13
Fried Zucchini	M,W	114	310	167	19	3.5	0	0	680	32	-	2	4

DESSERTS													
Chocolate Chip Cookie	E,M,S,W	35	170	81	9	5	0	0	160	22	1	13	1
Strawberry Swirl Cheesecake	E,M,S,W	99	320	160	17	10	0.5	60	250	35	1	23	7
Chocolate Cake	E,M,S,W	85	290	100	11	3.5	0	30	240	46	1	35	3

HAND-SCOOPED ICE CREAM SHAKES™													
Vanilla Shake	M,S +	397	740	320	36	24	0	105	220	87	0	70	13
Chocolate Shake	M,S +	397	710	330	36	24	0	105	270	86	1	64	13
Strawberry Shake	M,S +	397	710	320	36	24	0	105	220	85	0	69	13
Cookies & Cream Shake Made with OREO® Cookie Pieces	M,S,W +	397	730	360	40	25	0.5	110	320	81	1	58	14

STAR PALS® KIDS MEALS & BEVERAGES													
Kids Meal - Chicken Tenders 2 pcs**	E,M,S,W	165	410	180	20	4	0	45	980	39	4	0	19
Kids Meal - Hamburger**	S,SS,W	176	440	169	19	4.5	0	25	940	57	1	5	13
Kids Meal - Cheeseburger**	M,S,SS,W	188	490	202	23	7	0.5	35	1160	58	1	6	15
Kids Meal - Chicken Stars 4 pcs**	E,M,S,W	190	410	22	4	0	35	780	780	43	5	0	12
Chocolate Milk	M	150	20	2.5	1.5	0	10	170	26	0	23	7	
1% Milk	M	100	20	2	1.5	0	10	130	13	0	12	9	
Orange Juice (Generic)		160	0	0	0	0	0	0	37	0	33	2	

**Nutritional information for Star Pal® Kids Meals include Fries, but does not include the drink that comes with the meal.

DIPPING SAUCES													
Honey Mustard Dipping Sauce	E	25	130	120	13	2	0	10	150	4	0	3	0
Spicy Buffalo Dipping Sauce		21	5	0	0	0	0	0	470	1	0	0	0
Sweet & Bold BBQ Dipping Sauce		25	50	0	0	0	0	0	190	12	0	11	0
Buttermilk Ranch Dipping Sauce	E,M	25	110	100	11	1.5	0	5	260	2	0	1	0
House Dressing PC (dipping cup)	E,M	25	90	90	10	1.5	0	10	190	2	0	1	0

BEVERAGES													
Barq's® Root Beer		20	270		0	0	0	0	115	67	0	67	0
Barq's® Root Beer		24	320		0	0	0	0	140	81	0	80	0
Barq's® Root Beer		32	430		0	0	0	0	180	108	0	107	0
Coca-Cola®		20	270		0	0	0	0	65	67	0	67	0
Coca-Cola®		24	320		0	0	0	0	75	80	0	80	0
Coca-Cola®		32	430		0	0	0	0	100	107	0	107	0
Coca-Cola® Cherry		20	280		0	0	0	0	70	70	0	70	0
Coca-Cola® Cherry		24	340		0	0	0	0	80	84	0	84	0
Coca-Cola® Cherry		32	450		0	0	0	0	110	112	0	112	0
Coca-Cola® Zero		20	0		0	0	0	0	65	0	0	0	0
Coca-Cola® Zero		24	0		0	0	0	0	80	0	0	0	0
Coca-Cola® Zero		32	0		0	0	0	0	105	0	0	0	0
Diet Coke®		20	0		0	0	0	0	80	0	0	0	0
Diet Coke®		24	0		0	0	0	0	95	0	0	0	0
Diet Coke®		32	0		0	0	0	0	130	0	0	0	0
Diet Dr Pepper®		20	0		0	0	0	0	115	1	0	0	0
Diet Dr Pepper®		24	0		0	0	0	0	136	1	0	0	0
Diet Dr Pepper®		32	0		0	0	0	0	184	1	0	0	0
Dr Pepper®		20	220		0	0	0	0	70	60	0	59	0
Dr Pepper®		24	264		0	0	0	0	80	72	0	71	0
Dr Pepper®		32	352		0	0	0	0	108	96	0	95	0
Fanta® Orange		20	270		0	0	0	0	65	66	0	66	0
Fanta® Orange		24	320		0	0	0	0	75	79	0	79	0
Fanta® Orange		32	430		0	0	0	0	100	106	0	106	0
Fuze® Raspberry Iced Tea		20	150		0	0	0	0	85	37	0	37	0
Fuze® Raspberry Iced Tea		24	180		0	0	0	0	100	44	0	44	0
Fuze® Raspberry Iced Tea		32	240		0	0	0	0	135	59	0	59	0
Hand-Crafted Lemonade		16	200		0	0	0	0	10	53	0	50	0
Hand-Crafted Strawberry Lemonade		16	270		0	0	0	0	20	71	0	67</	